

WHAT ARE WE INVESTIGATING?

What inspires and motivates me?

MATERIALS:

- Magazine
- Cardstock/paper
- Scissors
- Glue/Tape
- Ribbon
- Stickers
- Markers
- Strive Academy's Engineering Design Process Handout (found at www.striveacademy.org)
- Pencil or Pen

EXTENSION:

* Using your craft materials from this project, what else can you create with magazines, ribbon, stickers, markers, and tape?

* Take the main themes from your vision board and journal about them. What other ways can you express your feelings?

DIRECTIONS:

1. Gather all of your materials. Our materials are just suggestions - feel free to add other things too!
2. On your handout (found at www.striveacademy.org), fill in the title of your experiment (Vision Board).
3. On your handout, fill in your hypothesis. You want to answer the question: What inspires and motivates me?
4. On your handout, sketch a design of your vision board. A vision board is a collage of pictures and words that inspires and motivates you. You will be using pictures, words, stickers, ribbon, etc. to make your vision board. Feel free to use color and label the materials that you will be using!
5. Spend some time looking through the magazines. As you look, cut out words and pictures that inspire and motivate you. These may be things that you really like or goals that you want to work towards.
6. Once you have enough stuff cut out, begin to glue or tape them down on your paper. You can be as creative as you want with this! Do you want things nice and neat or more flowy and messy?
7. Now add some extras! You can use stickers, ribbon, markers, or washi tape. Remember that this is YOUR vision board so it can be whatever you want it to be!
8. Look at your finished product. Under “Data Collection /Observations”, list any main themes that you see on your vision board.
9. Under “Results”, sketch your finished vision board.
10. Answer the “Analysis” questions on your handout:
 - How did your original idea compare to your finished vision board? Did you find any new themes for yourself as you were looking through the magazines?
 - Look at your vision board. Based on what you see, what goals do you have for the rest of this year? What things do you want to work on?

**** Try the extension activities on the first page for more fun! ****